**Personality**

Freud stages—oral stage; anal stage; Phallic stage (Oedipus complex develops here, penis envy); Latency period; Genital stage

Humanists believe people try to improve

Biological perspective:

Temperament—appears young, innate inclination of engage in a certain style of behaviour

Sociability—performance in the company of others

Emotionality (neurosis)—inclination to become aroused in emotional situations

Activity—general expenditure of energy

Impulsivity—tendency to respond without reflection or concern for the consequences

Cognitive theory:

You are what you expect to be

Intersection in all theories of extraversion and neuroticism

Useful for conceptualising personality

Big Five: (OCEAN)

Extraversion

Neuroticism

Agreeableness

Conscientiousness

Openness to experience